

# Zen Book List

There are many wonderful books available on Zen .  
Here are some recommended authors and a sampling of their books.  
The list also includes some traditional texts and sutras - there  
are many commentaries available including those by recommended Red Pine  
and Kaz Tanahashi

Aitken, Robert	<i>The Gateless Barrier: The Wu-Men Kuan (Mumonkan)</i>
Anderson, Reb	<i>Being Upright</i>
Beck, Joko	<i>Everyday Zen: Love and Work</i>
Caplow, Florence, and Susan Moon, editors	<i>The Hidden Lamp: Stories from Twenty-Five Centuries of Awakened Women</i>
Chadwick, David	<i>Crooked Cucumber, The Life and Zen Teaching of Shunryu Suzuki</i>
Chodron, Pema	<u><i>When Things Fall Apart</i></u>
Chögyam Trungpa	<i>Cutting Through Spiritual Materialism</i>
Cleary, Thomas	<i>Book of Serenity: One Hundred Zen Dialogues</i> <i>Record of Things Heard</i> <i>Transmission of Light: Zen in the Art of Enlightenment by Zen Master Keizan</i>
and J.C. Cleary	<i>The Blue Cliff Record</i>
and Zentatsu Baker	<i>Timeless Spring: A Soto Zen Anthology</i>
Conze, Edward	<i>Buddhist Thought in India: Three Phases of Buddhist Philosophy</i>
Cook, Francis Dojun and John Daido Looi	<i>The Record of Transmitting the Light: Zen Master Keizan's Denkoroku</i>

Dainin Katagiri	<i><u>Returning to Silence</u></i>
Fischer, Norman with Susan Moon	<i>The World Could Be Otherwise</i> <i>What is Zen'</i>
Friedman, Lenore ...and Susan Moon	<i>Meetings with Remarkable Women: Buddhist Teachers in America</i> <i>Being Bodies: Buddhist Women on the Paradox of Embodiment</i>
Fronsdal, Gil	<i>The Issue at Hand: Essays On Buddhist Mindfulness Practice</i>
Goldstein, Joseph	<i>The Path of Insight Meditation</i>
Gross, Rita M.	<i>Buddhism After Patriarchy: Feminist History, Analysis and Reconstruction</i>
Hagen, Steve	<i>Buddhism Plain and Simple</i>
Hanh, Thich Nhat	<i><u>Being Peace</u></i> <i><u>The Heart of the Buddha's Teaching</u></i>
Khema, Ayya	<i>Being Nobody, Going Nowhere: Meditations on the Buddhist Path</i>
Manuel, Zenju Earthlyn	<i>The Way of Tenderness</i>
Murcott, Susan	<i>The First Buddhist Women: Poems and Stories of Awakening</i>
Rahula, Walpola	<i>What the Buddha Taught</i>
<i>Rizzetto, Diane</i>	<i>Waking Up to What You Do</i>
Sasaki, Ruth Fuller, and Isshū Miura	<i>Zen Dust: The History of the Koan and Koan Study in Rinzai (Linji) Zen</i>
Schireson, Grace	<i>Zen Women: Beyond Tea Ladies, Iron Maidens, and Macho Masters,</i>
Shibayama, Zenkei	<i>Zen Comments on the Mumonkan</i>

Suzuki, Shunryu

*Branching Streams Flow in the Dark*

*Not Always So: Practicing the True Spirit of Zen*

*Zen Mind, Beginner's Mind*

Tanahashi, Kazuaki

*Moon in a Dewdrop: Writings of Zen Master Dogen*

*Enlightenment Unfolds*

Uchiyama, Kosho *et al*

*Opening the Hand of Thought: Foundations of Zen Buddhist Practice*

Williams, Angel Kyodo

*Being Black: Zen and the Art of Living With Fearlessness and Grace*

Winston, Diana

*Wide Awake: A Buddhist Guide for Teens*

Wu, John C.h. Wu, Thomas Merton, *et al*

*The Golden Age of Zen: Zen Masters of the T'ang Dynasty*

Yang, Larry

*Awakening Together: The Spiritual Practice of Inclusivity and Community*

*The Dharmapada*, various translations

*Diamond Sutra and Heart Sutra*, various translations and commentaries

*Platform Sutra*, various translations

*Shobogenzo*, various translations